

BYU Ballroom Dance International Program

Dance 185 Bronze Latin Sample Lesson Plan

Date	Dance	Lesson Content	Lesson Objectives
September 3	Rumba	• Introduction • Take Roll • Brief Course Overview Steps to Teach: • Timing for Rumba • Walks across Floor	• Posture • Leg Action • Introduction to footwork • No partners
September 5	Rumba	• Review Course Outline • Review previous material Steps to Teach: • Fan • Hockey Stick	• Posture • Leg action • Tracking • No partners
September 8	Rumba	• Review previous material Steps to Teach: • New Yorker • Spot Turn	• Posture & frame • Amount of turn • Partners
September 10	Rumba	• Review previous material Steps to Teach: • Cucaracha • Basic to Natural Top	• Posture & frame • Awareness of foot placement • Tracking to help w/ weight changes
September 12	Rumba	• Review previous material Steps to Teach: • Closed Hip Twist • Progressive Walks	• Posture & frame • Body alignment • Awareness of partner • Tone
September 15	Rumba	• Review previous material Steps to Teach: • Underarm Turn to R • Loop Routine from Fan	• Hand positions & connection

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Date	Dance	Lesson Content	Lesson Objectives
September 17	Rumba	Review previous material	Leg & foot action
September 19	Rumba	Review previous material Steps to Teach:	Posture & frame
September 22	Rumba	- Review previous material - Prepare for video critique	Body & hip action
September 24	Rumba	- Review previous material - Prepare for video critique	Partnering & connection
September 26	Rumba	- Review previous material - Prepare for video critique	Partnering & connection
September 29	Rumba	Rumba video critique	- Give clear feedback - Positive comments - Constructive critique - Reinforce what has been taught in class
October 1	Rumba	- Review comments from video critique - Prepare for Rumba exam	Guage student understanding of video comments / respond to questions & concerns
October 3	Rumba	Prepare for Rumba exam	Review any final issues
October 6	Rumba	Rumba exam	Film and give verbal feedback

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Date	Dance	Lesson Content	Lesson Objectives
October 8	Samba	•	•
October 10	Samba	•	•
October 13	Samba	•	•
October 15	Samba	•	•
October 17	Samba	•	•
October 20	Samba	•	•
October 22	Samba	•	•
October 24	Samba	•	•
October 27	Samba	•	•
October 29	Samba	•	•
October 31	Samba	•	•
November 3	Samba	• Samba video critique	• Film and give feedback
November 5	Samba	•	•
November 7	Samba	•	•
November 10	Samba	• Samba exam	• Film and give feedback

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Date	Dance	Lesson Content	Lesson Objectives
November 12	Rumba & Samba		• Prepare for Dancesport
November 14	No Class – BYU Dancesport Championships		
November 17	Rumba & Samba		• Prepare for Medals Exams • Prepare for Final Exam
November 19	Rumba & Samba		• Prepare for Medals Exams • Prepare for Final Exam
November 21	Rumba & Samba		• Prepare for Medals Exams • Prepare for Final Exam
November 24	Rumba & Samba		• Prepare for Medals Exams • Prepare for Final Exam
November 26	No Class – Thanksgiving Break		
November 28	No Class – Thanksgiving Break		
December 1	All	• Review for Medals Exams	• Review for Medals Exams
December 3	Medals Exams in Class		
December 5	Final Exam		
December 8	Final Exam		
December 10	Last Day of Class		