

# BYU Dance 284: Silver Ballroom Quickstep

## Long Side

| Figure                        | Beg. Alignment | Timing      | Count    |
|-------------------------------|----------------|-------------|----------|
| Natural Spin Turn             | DW             | SQQSSS      | 1-8, 1-2 |
| Progressive Chasse            | DC             | SQQS        | 3-8      |
| Quick Open Reverse            | DC             | SSQQ        | 1-6      |
| Four Quick Run                | LOD            | SQQQQS      | 7-8, 1-6 |
| 1-3 Natural Turn              | DW             | SQQ         | 7-8, 1-2 |
| Tipple Chasse w/ Forward Lock | LOD            | SQQSQQS     | 3-8, 1-4 |
| Short Side                    |                |             |          |
| Figure                        | Beg. Alignment | Timing      | Count    |
| 1-3 Natural Turn              | DW (new LOD)   | SQQ         | 5-8      |
| V6 w/ Forward Lock            | DC             | SQQSSQQSQQS | 1-8, 1-8 |
| Open Natural Turn             | DW             | SQQ         | 1-4      |
| Running Finish                | LOD            | QQS         | 5-8      |
| Begin Again                   |                |             |          |